

Free health checks for over-14s with a learning disability



get
checked
out

- Got a learning disability?
- Over 14 years old?
- then ...
- Get a checkup



Ask for a **free** learning-disability health check at
your local GP practice

Are you a parent/carer of a young person with a learning disability?

Yes?

This is how to arrange a free health check for them ...

- ask your GP to enter their name on the practice's Learning Disability Register
- you will be sent a letter with an appointment
- the letter tells you what will happen at the health check
- after the health check, your GP will give you a Health Action Plan
- your GP will also ask whether you are willing to share important information with other health and care professionals to benefit the person you care for

It's easy!

Need more information or advice? Contact Reading Mencap at
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